

# Hands *for* Hunger



**STRETCHING  
EVERY DOLLAR,  
EVERY DONATION.**



**2024 ANNUAL REPORT**



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## HIGHLIGHTS

### FOOD RESCUE

Hands for Hunger continues to rescue surplus food through our network of partners and donate to over 40 agencies. In 2024, we were thrilled to welcome new agencies to our family, further expanding our reach and impact.

### H4H PANTRY & SCHOOL PANTRIES

The H4H Pantry saw a 67% increase in the number of persons seeking food assistance, and successfully met that need. **Our school pantries received a generous grant through Irish Aid** allowing us to remain a vital lifeline for students.

### FAMILY ISLAND DISTRIBUTION

This year, we expanded our food distribution, continuing to support Eleuthera, Long Island, and Acklins while adding Andros, Exuma, and Grand Bahama to our reach.



# MESSAGE



**Keisha Ellis**

Executive Director

**Hands for Hunger**

“Our commitment to making a difference goes beyond simply placing meals on tables”

Dear Friends and Supporters,

As we look back at 2024, I am filled with gratitude for the generosity and commitment of everyone who has supported Hands for Hunger’s mission. Your contributions have allowed us to meet our community’s immediate needs and invest in meaningful, sustainable solutions that tackle hunger at its roots. We firmly believe that transparency is the cornerstone of trust, and I am proud to share that every dollar entrusted to us is handled with the utmost care. By fostering strategic partnerships and practicing resourceful planning, we are able to stretch every \$1 into \$3 worth of food for our clients, ensuring that your generosity goes even further. Through rigorous financial reporting and open communication, we demonstrate the impact of your donations and ensure that our mission remains accountable to you, our valued partners.

Our commitment to making a difference goes beyond simply placing meals on tables; it involves empowering the individuals we serve to build healthier, more secure futures. This year, we continued to lead programmes that provide nutritional education, foster community, and nurture a sense of belonging for those who find themselves in challenging circumstances. In doing so, we strive to create durable, long-lasting change—programmes and partnerships that will stand the test of time and continue shaping a brighter tomorrow for all people in our country. We know that the sum is greater than each of our parts, and by working together, we amplify the impact of every effort.

Looking ahead, we remain steadfast in our pursuit of innovation, collaboration, and empathy. Together, we will expand our efforts, engage more local stakeholders, and uphold our promise to serve as responsible stewards of the trust placed in us by our donors and clients. On behalf of the entire team, thank you for standing with us in this mission. Our progress is a reflection of your generosity and passion—and with your continued support, we will keep striving toward a transformed Bahamas, where no one goes hungry.

With gratitude,

Keisha

**“The sum is greater than each of our parts.”**





# MISSION



**Today, Hands for Hunger continues our mission under the leadership of a small and committed team of staff. Together, we work to reduce food waste and fight hunger, creating a healthier, more hopeful future for the Bahamas.**

Hands for Hunger is a non-profit humanitarian organization committed to addressing food insecurity in The Bahamas. Based in New Providence, we operate a multifaceted food rescue and distribution program. Using refrigerated trucks, we collect surplus fresh food from hotels, wholesalers, restaurants, and farms. These donations are then delivered to over 40 agencies across the island that provide food to those in need.

In addition to food rescue, we operate the H4H Pantry, a client-choice program that provides nutritious groceries to over 5,000 families, ensuring dignity and empowerment in the process.

We've also expanded our reach with mobile community markets to assist families in the Family Islands, where accessing nutritious food is more challenging. Additionally, our 15 School Pantries in public schools provide essential support to children who might otherwise go without lunch, ensuring they stay nourished and focused in the classroom.



**F.O.A.M.**

**Khandi Gibson  
Founder & Director**

**“If it wasn't was for Hands for Hunger's kind partnership many days we will not be in a position to assist the many hurting families among us. Thank you once again for the constant support ”**



**Elizabeth Estates  
Children's Home  
Andrea Johnson  
Deputy Administrator  
of Operations**

**“During my nine years, I can surely say that Hands for Hunger has 'saved the day' on many occasions with their cooked food donations. Especially in times when we did not have a Cook. We would like to express a heartfelt thank you. ”**

**FOOD RESCUE**





## FOOD RESCUE

### Turning Donations Into Hundreds of Thousands of Meals

At Hands for Hunger, every donation plays a vital role in transforming surplus food into life-changing support for those in need. Through our daily food rescue program, our refrigerated trucks safely collect excess prepared and perishable food from generous donors six days a week. These rescued meals are then distributed to a network of partner agencies, including the Bahamas Red Cross, Great Commission Ministries, All Saints Camp, Lend A Hand Bahamas, FOAM, children's homes, senior homes, rehab centers, and community centers. Together, we are feeding hundreds of thousands of people each year, ensuring that no good food goes to waste while addressing food insecurity in our community.

This year, we've grown our reach even further by adding new partners like Bishop Lawrence Rolle's feeding program to our network. These partnerships allow us to serve even more individuals and families in need, extending the impact of every meal we rescue. Each meal delivered is a step toward a hunger-free Bahamas, and it's made possible by the unwavering generosity of our donors and supporters. Thank you for helping us turn surplus food into nourishment and hope for so many.

Throughout 2024, the H4H Pantry experienced an unprecedented increase in demand as more families turned to us for support. Over 5,000 families, representing approximately 20,000 individuals, registered with the program in 2024—a staggering 67% increase from the previous year. Among those seeking assistance, we've seen a notable rise in single fathers looking for help to support their families. Toward the end of the year, there was also an increase in working-class and middle-income individuals seeking assistance. Many are facing the difficult choice between paying essential bills or purchasing groceries.

Our client choice pantry is designed as a short-term program to help alleviate the stress of financial burdens and provide a safety net for those navigating challenging times. We encourage anyone in need to reach out—our goal is to help families and individuals get back on their feet. Thanks to the unwavering support of our donors, volunteers, and partners, we've been able to grow alongside this need, ensuring that no one has to face food insecurity alone. Together, we are creating a community where hope and resilience can thrive.

**H4H Pantry: Growing with the Need**

**H4H PANTRY**





**Roxann Williams  
Guidance Counselor  
CC Sweeting Sr. High School**

“The Hands for Hunger Pantry has made a significant difference in the lives of our students. For the student that has empty cupboards at home, it gives them both a reason to come to school, as well as the reassurance that they will be fed at least one time on the next school day. Hunger affects energy, memory and concentration, without which our students simply cannot learn. I believe that the pantry provides the reassurance that someone cares, and help is available. More than this, it bridges the gap between food insecurity and school success by fulfilling this basic human need. We are extraordinarily grateful to be a part of this program.”





## SCHOOL PANTRIES

### School Pantries: A Lifeline for Students in Need

**This year, our school pantries received vital support through a generous grant from Irish Aid.** Their contribution has allowed us to continue serving as a lifeline for the children who depend on these pantries for nourishment and stability during the school day.

We currently operate pantries in 15 public schools, providing essential resources to students who need them most. However, with over 150 public schools in New Providence, the need far exceeds our current reach. Many schools have reached out to express interest in opening their own pantries, highlighting the significant demand for this program.

The support of donors and partners is crucial to ensuring the success and growth of this program. With additional resources, we can extend our reach to even more schools, helping to meet the urgent need and ensuring that every child has access to the nourishment they need to thrive. Together, we can continue to make a lasting difference in the lives of students across our community.

## Jessica Storr-Myers, President - Andros We Care

“As the president of Andros We Care NPO, I am incredibly grateful for the generous donation of food parcels that our organization received from Hands for Hunger, which has had a profound impact on our community. These parcels were distributed across 12 settlements and subdivisions within North Andros District, bringing essential relief to families facing food insecurity. What made this initiative even more special was that the Hands for Hunger team traveled to Andros to personally assist with the distribution, putting a profound human touch to the entire process. Their presence allowed them to connect directly with the people, showing that their care and commitment were not just distant gestures, but heartfelt efforts aimed at uplifting those in need. The support has been especially impactful for our elderly community members, who often struggle with limited mobility and resources. For many of them, these food parcels provided not just sustenance, but a sense of care and connection. Similarly, young people in the community, some of whom are grappling with the challenges of growing up in food-insecure households, felt the positive impact as well. It’s heartwarming to see how the collective effort of organizations like Hands for Hunger can create a ripple effect of positive change, helping individuals of all ages. This initiative truly exemplifies the power of community, collaboration, and care.”



In 2024, we made significant strides in expanding our Family Island Distribution program. While continuing to support Eleuthera, Long Island, and Acklins, we proudly added Andros, Exuma, and Grand Bahama to our network. Our ultimate goal is to extend our reach to the entire archipelago, ensuring that no community is left behind in the fight against hunger.

The need in the Family Islands remains critical. The high cost of food, coupled with limited availability, creates significant barriers for families already facing economic challenges. Many residents must travel long distances or pay high prices for basic necessities, making our support essential. By distributing nutritious food boxes through our partners on the ground, we are helping to alleviate some of these burdens, providing hope and sustenance to families who need it most.

Looking ahead to 2025, we are committed to further expansion, reaching more islands and more families in need. This mission will require the continued support of our donors and partners. Together, we can ensure that every corner of the Bahamas feels the impact of this life-changing work.

**Family Island Distribution: Expanding Our Reach**

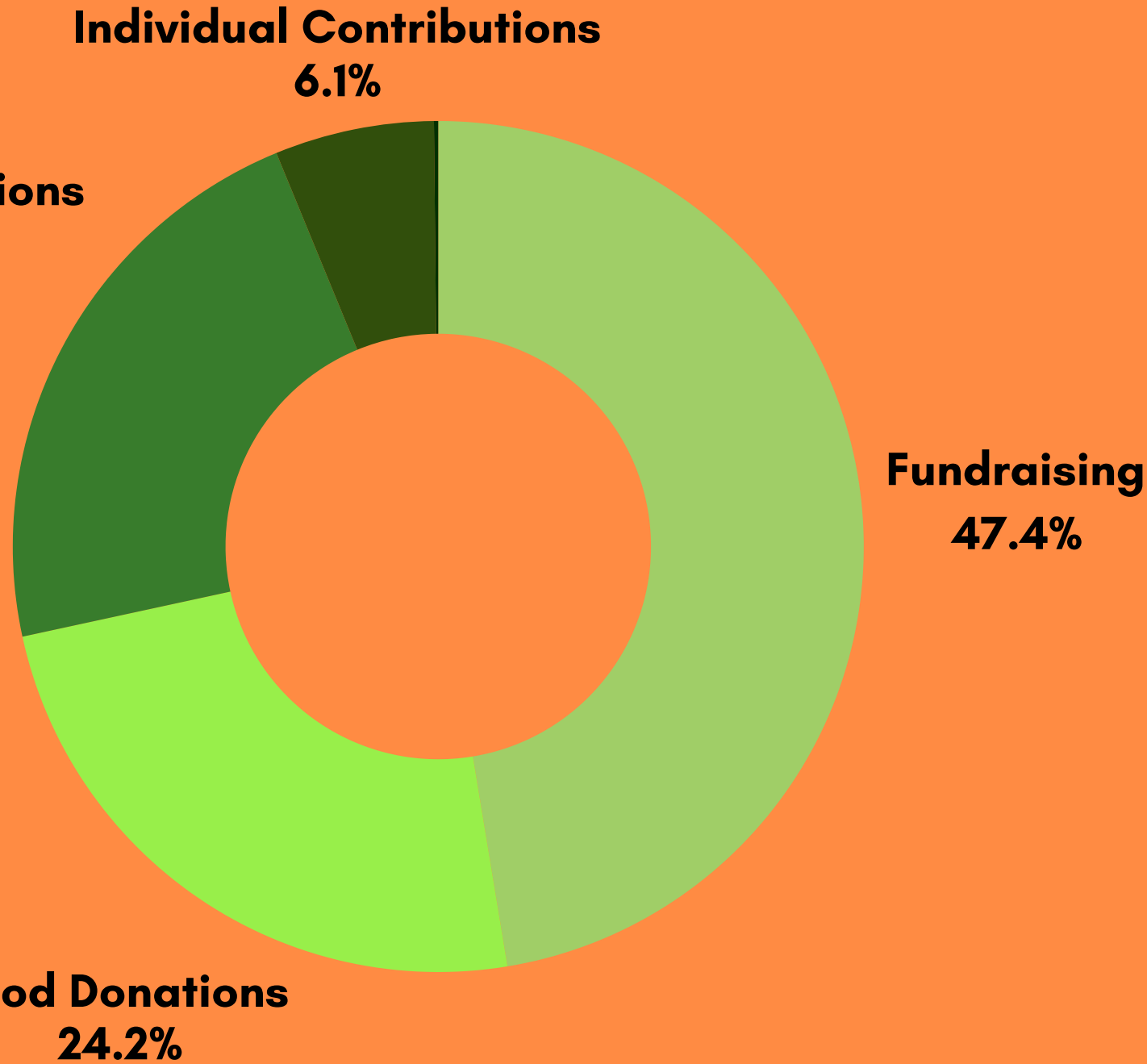
**MOBILE MARKETS**







# FINANCIALS



## HANDS FOR HUNGER

### Statement of Financial Position

As of December 31, 2024

(Expressed in Bahamian dollars)

|   | 2024                    | 2023                    |
|---|-------------------------|-------------------------|
|   | \$                      | \$                      |
| <b>ASSETS</b>                             |                         |                         |
| <b>CURRENT ASSETS</b>                     |                         |                         |
| Cash                                      | 1,354,199               | 1,327,618               |
| Accounts receivable                       | 15,450                  | 7,950                   |
| Prepaid expenses                          | 9,048                   | 8,640                   |
|   | <u>1,378,697</u>        | <u>1,344,208</u>        |
| <b>NON-CURRENT ASSET</b>                  |                         |                         |
| Fixed assets, net                         | -                       | 19,196                  |
| <b>TOTAL ASSETS</b>                       | <b><u>1,378,697</u></b> | <b><u>1,363,404</u></b> |
|   |                         |                         |
| <b>LIABILITIES AND FUND BALANCE</b>       |                         |                         |
| <b>LIABILITIES</b>                        |                         |                         |
| Accounts payable and accrued expenses     | 59,775                  | 57,381                  |
|   | <u>59,775</u>           | <u>57,381</u>           |
| <b>FUND BALANCE</b>                       | <u>1,318,922</u>        | <u>1,306,023</u>        |
| <b>TOTAL LIABILITIES AND FUND BALANCE</b> | <b><u>1,378,697</u></b> | <b><u>1,363,404</u></b> |



## HANDS FOR HUNGER

Statement of Activities and Fund Balance  
Year ended 31 December 2024  
(Expressed in Bahamian dollars)

|  | 2024<br>\$    | 2023<br>\$    |
|--|---------------|---------------|
| <b>FUNDRAISING AND CONTRIBUTIONS</b>   |               |               |
| Fundraising events and activities, net | 378,270       | 274,854       |
| In-kind contributions (donated food)   | 193,923       | 107,734       |
| Corporate contributions                | 178,406       | 202,799       |
| Individual contributions               | 49,686        | 85,939        |
| Non-corporate contributions            | 1,307         | 80            |
|  | <hr/> 801,592 | <hr/> 671,406 |
| <b>EXPENSES</b>                        |               |               |
| Salaries and wages                     | 320,073       | 322,545       |
| Direct costs (donated food)            | 193,923       | 107,734       |
| Food and voucher distribution          | 134,616       | 146,192       |
| Rent                                   | 39,384        | 37,399        |
| Professional fees                      | 34,907        | 37,716        |
| Security                               | 18,001        | 16,650        |
| Telephone and internet                 | 13,546        | 21,356        |





## HANDS FOR HUNGER

Statement of Activities and Fund Balance  
Year ended 31 December 2024  
(Expressed in Bahamian dollars)

|  | 2024          | 2023            |
|--|---------------|-----------------|
| <b>EXPENSES</b>  | <b>\$</b>     | <b>\$</b>       |
| Vehicle fuel, repairs and supplies   | 13,506        | 11,702          |
| Promotion and communication  | 9,582         | 2,443           |
| Other  | 6,379         | 9,288           |
| Office supplies  | 2,785         | 3,736           |
| Bank charges   | 2,058         | 2,515           |
| Community events expenses  | -             | 650             |
| Depreciation   | -             | 19,195          |
|  | 788,759       | 739,120         |
| <b>(DEFICIT) EXCESS OF FUNDRAISING AND CONTRIBUTIONS BEFORE OTHER INCOME</b>             | <b>12,833</b> | <b>(67,714)</b> |
| <b>OTHER INCOME</b>  |               |                 |
| Interest income  | 66            | 65              |
| <b>(DEFICIT) EXCESS OF FUNDRAISING, AND CONTRIBUTIONS AND OTHER INCOME OVER EXPENSES</b> | <b>12,899</b> | <b>(67,649)</b> |
| Fund balance, beginning of the year  | 1,306,023     | 1,373,672       |
| Fund balance, end of the year  | 1,318,922     | 1,306,023       |



# Thank you

Together, We Make a Difference

As the Food Bank of the Bahamas, Hands for Hunger is proud to serve as a lifeline for thousands of families and individuals across our islands. This vital role is made possible because of you—our donors, partners, volunteers, and supporters—who share in our mission to end hunger and reduce food waste in the Bahamas.

Your generosity has allowed us to rescue and redistribute food, provide support to those in need, and expand our reach to underserved communities throughout the archipelago. From feeding programs to school pantries and Family Island distributions, every effort we've undertaken this year has been fueled by your commitment to creating a hunger-free Bahamas.

Thank you for standing with us and for trusting us to serve as the Food Bank of the Bahamas. As we look ahead to 2025, we are inspired by what we've accomplished together and excited to continue this meaningful work.



## CONTACT

### Hands for Hunger

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Nassau, Bahamas  
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info@handsforhunger.org

H4H Pantry  
The Shops at Carmichael, Carmichael Rd  
Nassau, Bahamas  
1 (242) 603-0089

Hands for Hunger is the food bank of the Bahamas that feeds hundreds of thousands of people through food pantries and meal programs in communities across the Bahamas and leads the nation in the fight against hunger.

#### How You Can Help

**Donate:** [www.handsforhunger.org/donate](http://www.handsforhunger.org/donate)

**Volunteer:** [www.handsforhunger.org/volunteer](http://www.handsforhunger.org/volunteer)

**Partnerships:** [info@handsforhunger.org](mailto:info@handsforhunger.org)

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REPORT  
2024

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